

IVF DENMARK GUIDE

Treatment options, laws,
egg donation and costs in Denmark

IVFMEDIA FERTILITYROAD Fertility Clinics Abroad EDF EggDonation Friends.com

RELIABILITY OF INFORMATION

When working on this Guide, we have made every effort to ensure that the information provided is proven and reliable. Unfortunately, in some countries the law on reproductive medicine is structured in such a way that sometimes there are limited possibilities to determine specific parameters for IVF treatment. Clinics then take advantage of ambiguities in the statutory regulations and offer patients a more liberal approach to treatment.

IVF TREATMENT COSTS

We present costs as a value range price and not as the average. When analysing clinic offers and the differences resulting from the costs of individual medical procedures and the way the offer is presented (e.g. a one–time fee package), it is very difficult to determine the average cost for a given country. Therefore, we decided to present the data on costs as a minimum/maximum expected cost range in any given country however cheaper and more expensive options are still possible to find.

Please note: Presented costs include the basic elements of IVF programmes.
However, there are always additional expenses that should be factored in such as qualification processes, medications, extra medical procedures, as well as flights and accommodation.





IVF TREATMENT IN DENMARK

DENMARK AS AN IVF DESTINATION

It is estimated that 1 in 10 Danish babies are born as a result of assisted reproductive technology and this experience has meant that anyone travelling to the country for IVF treatment will receive tried and tested treatments that boast high success rates, and are offered by experienced providers. It is no wonder therefore, that Denmark is growing in popularity as a fertility destination.

Latest figures indicate that there are 19 registered treatment providers in Denmark with the largest concentration in Copenhagen who offer the full range of procedures including IVF, intracytoplasmic sperm injection (ICSI), and egg/sperm donation. Danish fertility legislation is liberal, treatment is offered to single women and couples regardless of marital status or sexuality (women in same sex relationships); sperm and egg donation treatments are allowed (unlike embryo donation) and fertility preservation including egg freezing is offered.

Donors involved in treatments can choose to be anonymous or open – the latter means that their personal details can be share with the recipient and/or any subsequent child born as a result of their donation. There are no appreciable waiting lists for fertility treatment in Denmark.

REASONS TO GO TO DENMARK FOR IVF

- **Liberal and transparent IVF legislation**
- **Anonymous and non-anonymous egg donors and sperm donors**
- **Open donation available**
- **Very good availability of scandinavian and caucasian donors**
- **Well accessible destination for german and scandinavian patients**

IVF TREATMENT OPTIONS IN DENMARK

General availability of an IVF treatment in Denmark

Maximum partner's age (female)	**45**
Maximum partner's age (male)	**no limit**
Heterosexual couples	**yes**
Single women	**yes**
Female couples	**yes**
Male couples	**no**
Gender selection	**only to prevent the transmission of serious genetic disease** not allowed for "family balancing" reasons
HIV positive patients	**depending on the clinic** ask clinics directly / allowed in many clinics
HCV/HBV positive patients	**depending on the clinic** ask clinics directly / allowed in many clinics
Maximum number of embryos to transfer IVF with own eggs	**2**
Maximum number of embryos to transfer IVF with donor eggs	**2**

EGG DONATION IN DENMARK

Egg donation in Denmark - general information

Egg donor age - legal limit	**18-35** (unless known donor)
Egg donor anonymity	**anonymous / open donors** (mixed system - anonymous and non-anonymous donation)
Egg donor availability	**Scandinavian / Caucasian** depending on the clinic, other donors may be available at clinics - ask clinics for details
Maximum number of donations by an egg donor	**not set** the recommendation is no more than 6
Maximum number of children born from the same egg donor	**12**
Information about egg donors shared with recipient	**no information is shared with the recipient**
Can the recipient couple know the donor identity in some conditions?	**depending on the type of donation**
Can a born child know the donor identity in some conditions?	**depending on the type of donation**
Is there a mixed system with anonymous and non-anonymous donation?	**yes**

SPERM AND EMBRYO DONATION IN DENMARK

Sperm donation in Denmark - general information

Sperm donor age - legal limit	18-45
Sperm donor anonymity	**anonymous / open donors** (mixed system - anonymous and non-anonymous donation)
Sperm donor availability	**all donor races are available**
Maximum number of donations by a sperm donor	**no**
Maximum number of children born from the same sperm donor	**12**
Can the recipient couple know the donor identity in some conditions?	**depending on the type of donation**

Embryo donation in Denmark - general information

Embryos anonymity	**embryo donation is not allowed in Denmark**
Can the recipient couple know the donor identity in some conditions?	
Can a born child know the donor identity in some conditions?	
Is there a mixed system with anonymous and non-anonymous donation?	

BASIC IVF TREATMENT PACKAGES COST IN DENMARK

IVF treatment costs examples in Denmark*

IVF with own eggs	€3,300 - €4,500
IVF with donor eggs	€7,000 - €8,300
Embryo donation	not available
Egg freezing (oocytes cryopreservation)	€3,200 - €3,800

*** THE AVERAGE RANGE OF COSTS CALCULATED FOR BASIC TREATMENT PACKAGES/SERVICES:**

IVF own eggs: preparation, visits, basic scans, egg retrieval and general anesthesia for the procedure, ICSI, blastocyst culture and embryo transfer

IVF donor eggs: preparation, visits, basic scans, donor oocytes and donor compensation, ICSI, blastocyst culture, embryo transfer

Embryo donation: 1-2 embryos - usually at blastocyst stage

Egg freezing: preparation, visits, basic scans, egg retrieval and general anesthesia for the procedure, oocytes vitrification and one year storage

Not included in calculations: tests and scans for qualification, medications (stimulation, before an embryo transfer), frozen embryo transfer, embryo freezing, sperm freezing

OTHER IVF COSTS IN DENMARK - EXAMPLES

Other IVF costs examples

Medical consultation (with a doctor)*	**€150 - €200**
Sperm freezing*	**€340 - €450**
Donor sperm*	**no information****
Embryo Monitoring (Embryoscope, Time-Lapse, Geri etc.)	**no information****
Blastocyst culture	**€700 - €900** included in basic packages in most of the clinics
PGT-A / PGS genetic embryo testing*	**not available** only as a part of research project
Vitrification of (remaining) embryos and storage for 1 year	**€550 - €650**
FET - frozen embryo transfer	**€800 - €1,400**

***Medical consultation:** cost is usually deducted from total treatment costs

***Sperm freezing:** may be needed if partner can't come to the clinic at the day of fertilisation

***Donor sperm:** from internal clinic's bank

***PGT-A / PGS genetic embryo testing:** include embryo biopsy and embryo diagnosis - up to 4 embryos using NGS technique

** Danish clinics prefer to advertise IVF costs as a packages with additional techniques included in total cost. Please ask clinics directly.

EDF EggDonation Friends.com

Find Egg Donation Clinics Abroad



Carefully selected clinics based on patients reviews and clinics' experience.

We help you choose overseas clinics which match your expectations.

Our database of IVF centres includes only trusted infertility clinics that have experience in providing high-quality service to international patients.

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USEFUL RESOURCES

IVF and Egg Donation Abroad – 9 Most Popular Destinations

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IVF over 50 – Best IVF Clinics and Countries

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Cumulative pregnancy rates or cumulative live birth rates – what do they mean?

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FREE HELP WITH IVF ABROAD

Would you like someone to go through it with you?

80% of the patients we surveyed said an expert second opinion would help them choose a clinic. Among patients with three or more failed cycles it was 85%. Our patient coordinators do this every day, free of charge. They look at your situation, help you prepare the questions for the clinics you are considering, and arrange consultations with the ones you choose.

WHAT YOU GET, ALL FREE OF CHARGE

- **A personal clinic shortlist.** Clinics matched to your medical situation, age, budget and treatment goals, with honest pros and cons.
- **Cost clarity before you commit.** What treatment really costs, and the hidden fees and misleading marketing to watch out for.
- **Free consultations with experienced IVF doctors.** We arrange them at the clinics you shortlist.
- **Next-step guidance.** The right questions to ask, and help planning your visit.

HOW IT WORKS

1. **You reach out.** We talk online or on WhatsApp to understand where you are and what you are looking for.
2. **We review your case.** We recommend a few clinics best suited to you, with pros, cons and honest feedback.
3. **You stay in control.** We answer your questions and arrange free consultations with the clinics you choose. The decisions are always yours.



"They understood my situation immediately. I was matched with two clinics that fit my medical needs and budget, and I finally felt confident moving forward."

Emma, Ireland

Talk to a patient coordinator →

fertilityclinicsabroad.com/px-ivf-abroad

Olympe, IVF Patient Advocate, Fertility Clinics Abroad. 100% confidential. Your details are shared with a clinic only with your consent.